

## YMCA of San Joaquin County



### **Purpose of Y-Adventure Guides**

Time is short and kids grow up so soon. Finding quality time with our children, especially when so much time is spent working and commuting, can be a problem. And often when a parent and child do have time together, they don't always know how to use that time to its fullest potential.

Y-Adventure Guides is designed for a parent and his or her Kindergarten through 4<sup>th</sup> grade child. In Y-Adventure Guides, the focus is on the parent's role as a guide in the child's life. Parents lead, direct, supervise, influence and teach while presenting opportunities for children to explore the world around them. Parents lead by example as they set their children on a path through life, all while developing a positive and lifelong relationship.

### **Program Structure**

In Y-Adventure Guides the journey happens within the context of a small Circle community. The Circle is the program's basic unit, providing a structure, a sense of community, and support for all activities. Adventure Guides (parents) and Explorers (children) meet in Circles once or twice each month. Circles join together to form the Expedition that facilitates the exchange of ideas and planning of periodic events such as field trips, Pine Block Derby, Turkey Shoot, fishing trips, and camp-outs throughout the year.

## **Time Required**

The parents in the Circle largely determine the basic time commitment. There is usually one Circle meeting per month and one additional Circle activity each month. There are approximately six Expedition events during the year, but attendance at these events are left to the discretion of the individual parents.

## **How to Join**

To join Y-Adventure Guides, simply complete the registration form and return it to the YMCA at 4509 Pacific Ave., Stockton, CA 95207. For Additional information call Russ Hayward at (209)472-9622. Your Guide and Explorer (parent and child) will be invited to join an existing Circle or be assigned to a new Circle.

## **Program Fees and Method of Payment**

The annual fee for a parent-child pair is \$150. This fee covers program materials, t-shirts, and patches. Special Expedition events (camp-outs, field trips) have their own additional fees. Additional siblings (in either the same or different Circles) are an additional \$70 each.

To register you can choose among a couple of options.

1. Simply complete the registration and mail it to the YMCA with the appropriate payment.
2. You may register and pay on-line by going to the YMCA web-site, [www.ymcasjc.org](http://www.ymcasjc.org), click on the Y-Guides tab and complete the form and make your payment by credit card.

## Registration Form

Parent's Name \_\_\_\_\_ DOB \_\_\_\_\_

Child's Name \_\_\_\_\_ DOB \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Day Time Phone(s) \_\_\_\_\_

Email address \_\_\_\_\_

Child's T-Shirt Size \_\_\_\_\_ Parent's T-Shirt Size \_\_\_\_\_

**If you are returning Y-Guide participant, in what Circle have you been a member?**

**If you are a new Y-Guide participant, please indicate if there is a Circle you would like to join.**

**Waiver of Liability:** I hereby accept any and all responsibility for, and assume the risk of any and all injury or damage to my person or dependent children which might arise directly as a result of, and/or participation in the YMCA of San Joaquin County, its various program sites thereof, and all employees and volunteers in their capacities as representatives of the YMCA expressly including, but not limited to, the Board of Directors of the YMCA of San Joaquin County except injuries caused intentionally or by willful misconduct. I give my permission for my child(ren)'s picture to be used as a promotion for the YMCA. I certify that I am familiar with the contents of this release, and that I have read and understand the same, and that it is my intention by my heirs, administrators, executors, successors, and assigns.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

**YMCA of San Joaquin County**

**Y-ADVENTURE**

**GUIDES**

**YMCA Family Life Program for Fathers and their  
Sons and Daughters,  
Kindergarten through 4<sup>th</sup> Grade**